

# New Drug Update 2021

Joe Strain, Pharm.D.

SDSU College of Pharmacy and  
Allied Health Professions

Monument Health Rapid City Hospital

# Disclosure

- ▶ I have had no financial relationship over the past 12 months with any commercial sponsor with a vested interest in this presentation

# Pharmacist Learning Objectives

- ▶ Upon successful completion of this activity, pharmacists will be able to:
  - ▶ Identify therapeutic indications of drugs recently approved by the FDA.
  - ▶ Discuss pharmacological properties of the new medications
  - ▶ List side effects, warnings, precautions and significant drug interactions associated with each medication.
  - ▶ Identify the normal dose and dosage forms of the drugs presented.
  - ▶ Describe limitations to implementing the new medications into clinical practice

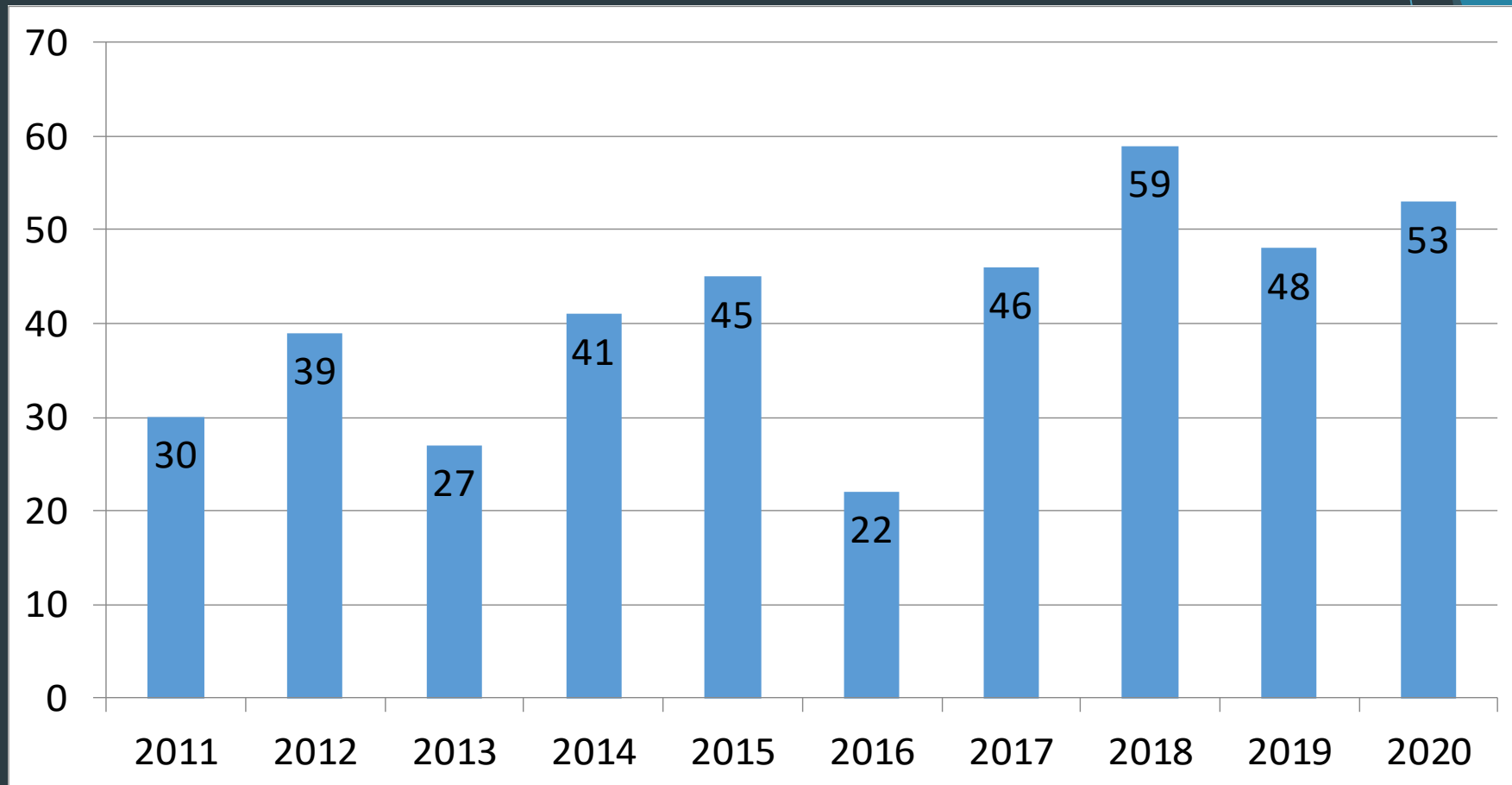
# Pharmacy Technician Learning Objectives

- ▶ Following this presentation, pharmacy technicians will be able to:
  - ▶ Identify new drugs approved by the FDA and their classification.
  - ▶ Identify the major uses for the drugs presented.
  - ▶ Identify the usual dose and route of administration for each medication.
  - ▶ List the cost associated with each of the new drugs approved by the FDA.

# Agenda

- ▶ Vericiguat (Verquvo™)
- ▶ Viloxazine (Qelbree™)
- ▶ Olanzapine/samidorphan (Lybalvi™)
- ▶ Lemborexant (Dayvigo®)
- ▶ Ibrexafungerp (Brexafemme®)
- ▶ Aducanumab (Aduhelm™)
- ▶ Tirbanibulin (Klisyri®)
- ▶ Semaglutide (Wegovy™)
- ▶ Setmelanotide (Imcivree™)
- ▶ Finerenone (Kerendia®)
- ▶ Brincidofovir (Tembexa®)
- ▶ Aspirin (Vazalore™)

# CDER's Novel Drug Approval Trends



Vericiguat primarily works for heart failure by increasing:

- A. Contractility
- B. Vasodilation
- C. Blood pressure
- D. Heart rate

# Vericiguat (Verquvo™)

## ▶ Indication

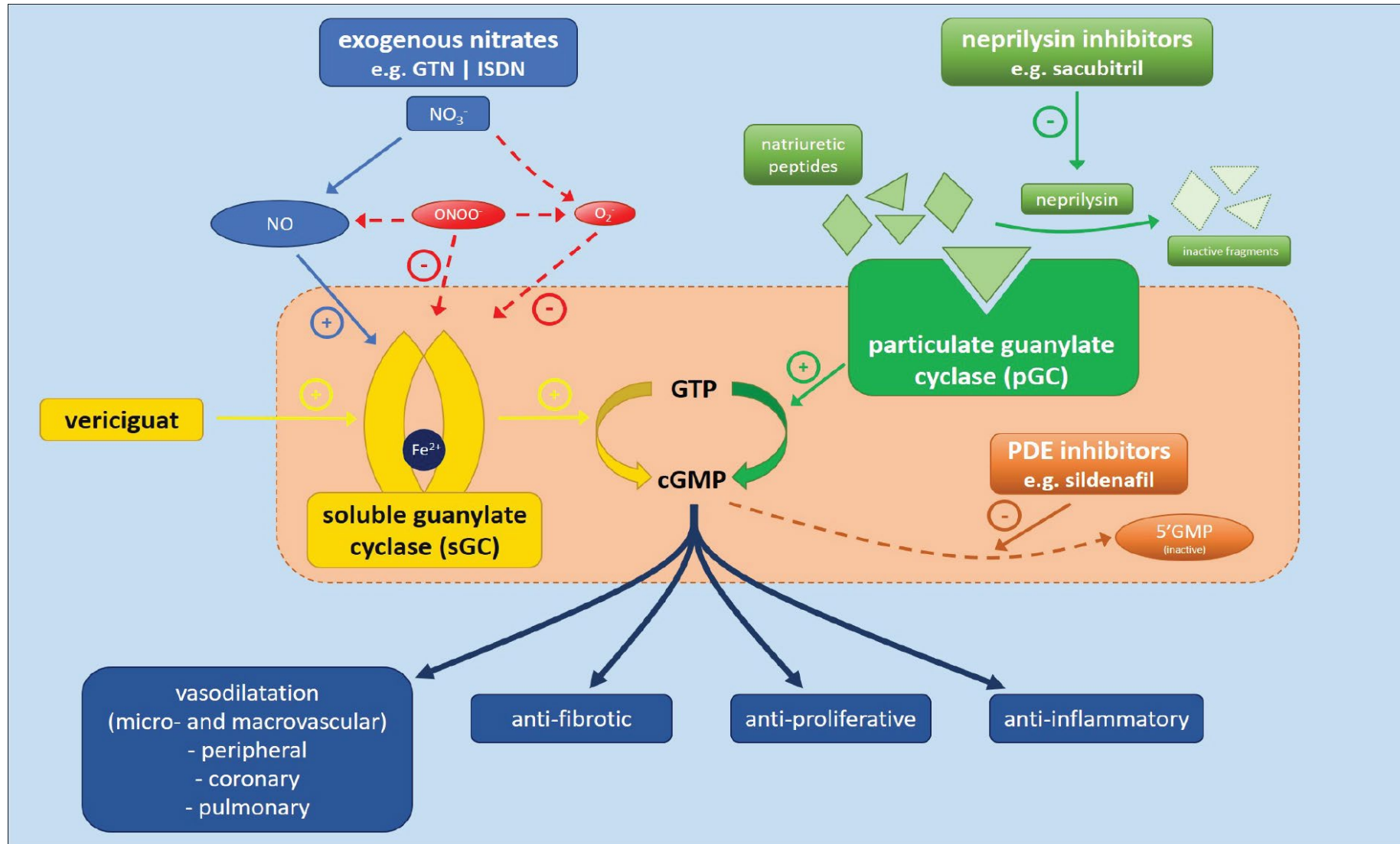
- ▶ Adults with symptomatic chronic heart failure (EF < 45%)
- ▶ Reduces risk of CV death and HF hospitalization after a HF hospitalization or need for outpatient IV diuretics

## ▶ Pharmacology

- ▶ Soluble guanylate cyclase (sGC) stimulator
- ▶ Enzyme involved in nitric oxide signaling pathway
- ▶ Smooth muscle relaxation & vasodilation



# Therapies targeting the NO/sGC and neprilysin/pGC pathways to increase cGMP generation.



# Vericiguat (Verquvo™)

## ▶ Pharmacokinetics

- ▶ Well-absorbed with food (~93%)
- ▶ T<sub>1/2</sub> ~ 30h
- ▶ Metabolized by glucuronidation to inactive metabolite
  - ▶ No adjustment for hepatic impairment (not studied in Child-Pugh C)
- ▶ ~45% renal elimination
  - ▶ No dose adjustment for renal impairment

# Vericiguat (Verquvo™)

## ▶ Contraindications

- ▶ Use with riociguat

- ▶ Pregnancy

  - ▶ Must rule out prior to treatment

  - ▶ Avoid pregnancy for 1 month after stopping treatment

## ▶ Drug interactions

- ▶ Use of PDE-5 inhibitors (e.g. sildenafil) due to hypotension risk

## Adverse Reactions from Victoria Trial

	Vericiguat N = 2519	Placebo N = 2525
Hypotension	15.4%	14.1%
Symptomatic Hypotension	9.1%	7.9%
Anemia	7.6%	5.7%
Syncope	4%	3.5%

## Efficacy Data from Victoria Trial

Outcome	Vericiguat (N=2526)	Placebo (N=2524)	Hazard Ratio (95% CI)	P Value
Death from cardiovascular causes or first hospitalization for heart failure	35.5%	38.5%	0.90 (0.82-0.98)	0.02
Hospitalization for heart failure	27.4%	29.6%	0.90 (0.81-1.00)	
Death from cardiovascular causes	16.4%	17.5%	0.93 (0.81-1.06)	
Death from any cause or first hospitalization for heart failure	37.9%	40.9%	0.90 (0.83-0.98)	0.02

# Vericiguat (Verquvo™)

## ▶ Dosing

- ▶ 2.5 mg orally once daily with food
  - ▶ May increase every 2 weeks to max dose of 10 mg daily
  - ▶ Adjusted primarily based on systolic blood pressure
  - ▶ Tablet may be crushed if necessary

## ▶ Availability

- ▶ 2.5, 5, and 10 mg tablets

## ▶ Cost

- ▶ AWP = \$700 per 30 tablets

# Vericiguat (Verquvo™)

## ▶ Bottom line

- ▶ New mechanism approved for heart failure
- ▶ Reduces risk of CV death and HF hospitalization
- ▶ Approved for EF < 45%
- ▶ Add-on for existing treatments, no comparator trials
- ▶ Well-tolerated

## ▶ Additional Review

- ▶ Murphy SP, et al. JAMA. 2020;324;488-504.

Viloxazine is a controlled substance approved for ADHD.

- A. True
- B. False



# Viloxazine (Qelbree™)

- ▶ Indication

- ▶ ADHD in ages 6-17 years

- ▶ Pharmacology

- ▶ Selective norepinephrine reuptake inhibitor with serotonergic activity
  - ▶ Proposed that both mechanisms have a role in ADHD
  - ▶ No effect on histamine or cholinergic receptors

# Viloxazine (Qelbree™)

## ▶ Pharmacokinetics

- ▶  $T_{1/2}$  ~ 7 hours
- ▶ Metabolized by CYP2D6, UGT1A9, UGT2B15
- ▶ Excretion
  - ▶ 90% renal
  - ▶ No adjustment for mild to moderate renal impairment

# Viloxazine (Qelbree™)

## ▶ Contraindications

- ▶ Monoamine oxidase inhibitors
- ▶ CYP1A2 substrates with narrow therapeutic range

## ▶ Warnings and precautions

- ▶ Suicidal thoughts & behaviors (0.9% vs. 0.4% placebo)
- ▶ Blood pressure and heart rate increases
- ▶ Mania activation
- ▶ Somnolence and fatigue

# Viloxazine (Qelbree™)

## ▶ Drug interactions

### ▶ MAOI

▶ CYP1A2 substrates (e.g. duloxetine, tizanidine, clozapine)

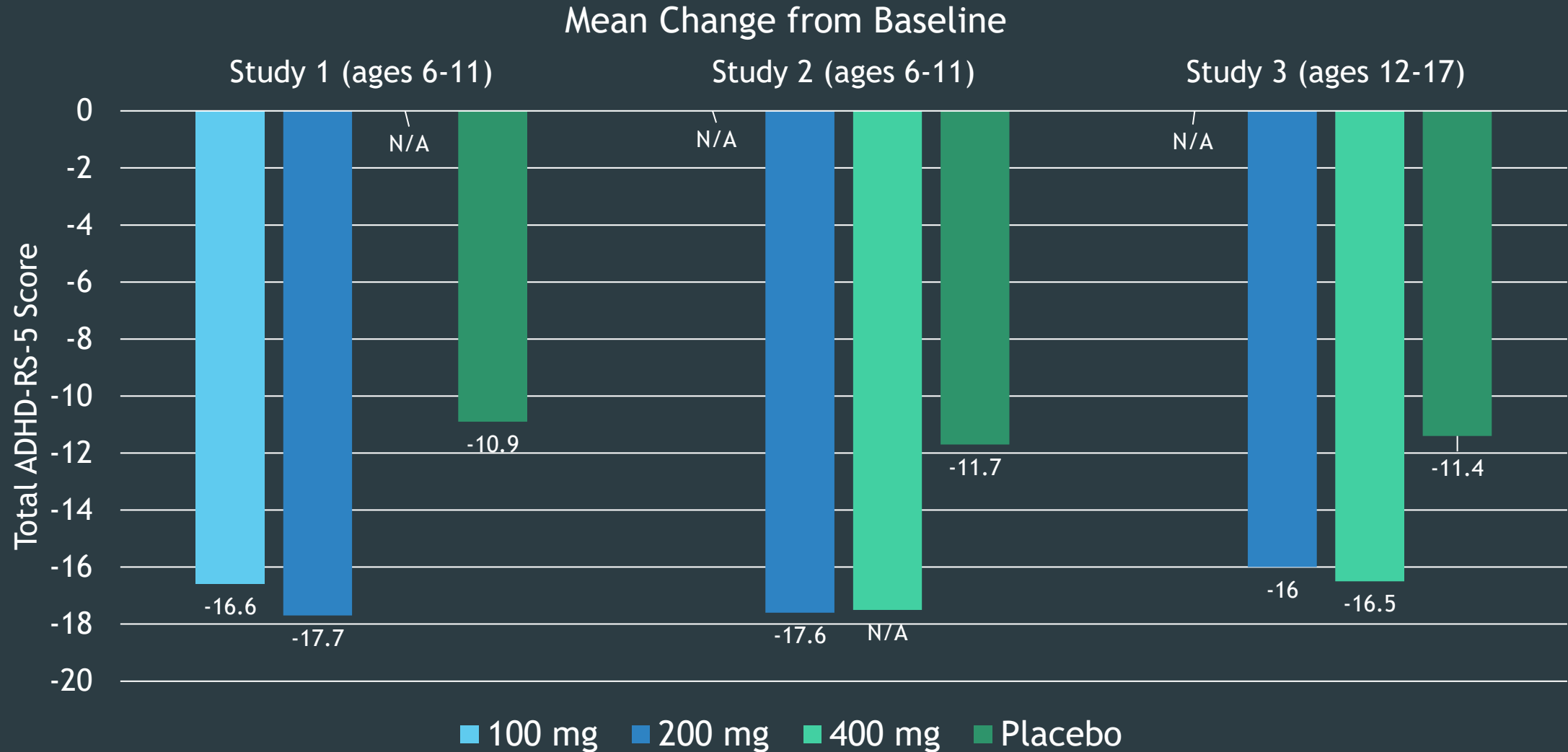
▶ CYP2D6 substrates (e.g. dextromethorphan, venlafaxine, risperidone)

▶ CYP3A4 Substrates (e.g. buspirone)

## Viloxazine Adverse Reactions in Ages 6 to 17 Years Old

Reaction	100 mg N = 154	200 mg N = 367	400 mg N = 305	Placebo N = 463
Somnolence	12%	16%	19%	4%
Headache	10%	11%	11%	7%
Decreased appetite	5%	8%	8%	0.4%
Fatigue	4%	5%	9%	2%

# Viloxazine Efficacy based on ADHD-RS-5 Scores



# Viloxazine (Qelbree™)

## ▶ Dosing

### ▶ Ages 6-11

- ▶ 100 mg orally once daily
- ▶ Titrated by 100 mg every week to max dose of 400 mg based on response & tolerability

### ▶ Ages 12-17

- ▶ 200 mg orally once daily
- ▶ Titrate up to max of 400 mg after one week

## ▶ Availability & Cost

- ▶ 100, 150, and 200 mg ER capsules
- ▶ AWP = \$360 for 30 capsules

# Viloxazine (Qelbree™)

## ▶ Bottom line

- ▶ Another non-stimulant option for ADHD
- ▶ No direct comparator trials to other agents
- ▶ Well-tolerated
- ▶ Long-term trials on-going

## ▶ Additional Review

- ▶ Findling RL, et al. CNS Drugs 2021;35:643-53.



Samidorphan is added to olanzapine to:

- A. Enhance efficacy of olanzapine
- B. Extend the dosing interval of olanzapine to once weekly
- C. Attenuate weight gain associated with olanzapine
- D. Decrease drowsiness associated with olanzapine

# Olanzapine/samidorphan (Lybalvi™)

## ▶ Indication

- ▶ Schizophrenia
- ▶ Bipolar I Disorder

## ▶ Pharmacology

- ▶ Olanzapine: atypical antipsychotic
- ▶ Samidorphan: mu opioid antagonist, kappa opioid and delt opioid partial agonist
  - ▶ Structurally similar to naltrexone with high affinity for mu-opioid receptors
  - ▶ Role for attenuating weight gain from olanzapine

# Olanzapine/samidorphan (Lybalvi™)

## ▶ Pharmacokinetics

- ▶ T  $\frac{1}{2}$  7-11 hours

### ▶ Metabolism

- ▶ CYP3A4 (major)

- ▶ CYP3A5, CYP2C19, CYP2C8 (Minor)

### ▶ Excretion

- ▶ Urine 67%

# Olanzapine/samidorphan (Lybalvi™)

## ▶ Contraindications

- ▶ Patients using opioids
- ▶ Patients in opioid withdrawal

## ▶ Warnings and precautions

- ▶ Vulnerability to Life-threatening opioid overdose
  - ▶ Use of high dose opioids to overcome antagonistic action of samidorphan

# Olanzapine/samidorphan (Lybalvi™)

- ▶ Drug interactions with samidorphan
  - ▶ CYP3A4 inducers (e.g. rifampin)
  - ▶ Opioids

## Efficacy Results for Change in Weight Over 24 weeks

Treatment group	% Change from Baseline in Body Weight			≥ 10% Body Weight Gain	
	Mean Baseline Weight (kg)	Mean Change from Baseline	Olanzapine-subtracted difference (95% CI)	Patients (%)	Olanzapine-subtracted Risk Difference (95% CI)
Olanzapine/ Samidorphan N = 266	77	4.2	-2.4 (0.39, -0.9)	17.8	-13.7 (-22.8, -4.6)
Olanzapine N = 272	77.5	6.6	NA	29.8	NA

# Olanzapine/samidorphan (Lybalvi™)

- ▶ Dosing and availability
  - ▶ 10 mg tablets of samidorphan combined with 5, 10, 15, or 20 mg of olanzapine
- ▶ Cost
  - ▶ TBD, expected availability 4<sup>th</sup> quarter 2021

# Olanzapine/samidorphan (Lybalvi™)

## ▶ Bottom line

- ▶ Added to olanzapine to minimize weight gain
- ▶ Efficacy attributed to olanzapine
- ▶ Watch out for concomitant opioid use

## ▶ Additional review

- ▶ Kahn RS, et al. Schizophr Res. 2021;232:45-53.
- ▶ Chaudhary AMD, et al. Cureus. 2019;11:e5139.



Lemborexant is superior to suvorexant.

A. True

B. False

# Lemborexant (Dayvigo®)

## ▶ Indication

- ▶ Insomnia, sleep onset and/or sleep maintenance

## ▶ Pharmacology

- ▶ Dual orexin receptor antagonist (Ox<sub>1</sub>R & Ox<sub>2</sub>R)
- ▶ Orexin is a neuropeptide involved with arousal and wakefulness
- ▶ Similar to suvorexant
  - ▶ T<sub>½</sub> 17-19 hours vs. 12 hours for suvorexant

# Lemborexant (Dayvigo®)

## ▶ Contraindications

- ▶ Narcolepsy

## ▶ Warnings/precautions

- ▶ Daytime somnolence
- ▶ Impaired driving ability
- ▶ Alcohol and other CNS depressants
- ▶ Cognitive changes
- ▶ Depression/suicidal ideation
- ▶ No data in severe COPD
- ▶ Sleep paralysis, vivid-disturbing perceptions, cataplexy-like symptoms

## Adverse Effects from Phase 3 Clinical Trial

Event	Zolpidem ER 6.25 mg N = 263	Lemborexant 5 mg N = 266	Lemborexant 10 mg N = 268	Placebo N = 209
Headache	5.3%	6.4%	4.9%	6.2%
Somnolence	1.5%	4.1%	7.1%	1.9%
Dizziness	3%	1.1%	0.7%	1.9%

## Polysomnographic Time to Sleep Onset (Sunrise 1 Trial)

<b>Time to Sleep Onset</b>	<b>Lem 5 mg N = 266</b>	<b>Lem 10 mg N = 269</b>	<b>Zolp 6.25 mg N = 263</b>	<b>Placebo N= 208</b>
Nights 1 & 2 mean (min)	28.3	25.1	31.9	37.4
Mean change from baseline (min)	-16.6	-19.5	-12.6	-6.5
<b>Time to Sleep Onset</b>	<b>N = 260</b>	<b>N = 260</b>	<b>N = 250</b>	<b>N = 200</b>
Nights 29 & 30 mean (min)	25.8	22.8	37.1	36
Mean change from baseline (min)	-19.5	-21.5	-7.5	-7.9

# Lemborexant (Dayvigo®)

## ▶ Dosing

- ▶ 5 mg once nightly immediately before bedtime
- ▶ Must take with at least 7 hours of sleep remaining
- ▶ Increase to max of 10 mg based on response
- ▶ Food may delay time to onset
- ▶ Max of 5 mg if moderate hepatic impairment or on weak CYP3A inhibitors
- ▶ Avoid if on moderate to strong CYP3A inhibitors

# Lemborexant (Dayvigo®)

- ▶ Availability
  - ▶ 5 and 10 mg tablets
- ▶ Cost
  - ▶ AWP ~ \$350 for 30 tablets
- ▶ Controlled substance
  - ▶ C-IV

# Lemborexant (Dayvigo®)

## ▶ Bottom line

- ▶ Another orexin inhibitor
- ▶ No direct comparison to suvorexant
- ▶ Clinical study up to 6 months
- ▶ Lower dose associated with less CNS adverse effects

## ▶ Additional review

- ▶ Kishi T, et al. J Psychiatr Res. 2020;128:68-74.



Ibuprofen is safe for use in pregnancy.

A. True

B. False

# Ibrexafungerp (Brexafemme<sup>®</sup>)

## ▶ Indication

- ▶ Adults with vulvovaginal candidiasis

## ▶ Pharmacology

- ▶ Triterpenoid antifungal
- ▶ Inhibits glucan synthase, enzyme involved in cell wall
- ▶ Concentration dependent fungicidal activity

# Ibrexafungerp (Brexafemme®)

## Antifungal Spectrum

- ▶ Clinical and in vitro
  - ▶ *C. albicans*

- ▶ In vitro
  - ▶ *C. auris*
  - ▶ *C. dubliniensis*
  - ▶ *C. glabrata*
  - ▶ *C. guilleirmondii*
  - ▶ *C. keyfr*
  - ▶ *C. krusei*
  - ▶ *C. lusitaniae*
  - ▶ *C. parapsilosis*
  - ▶ *C. tropicalis*

# Ibexafungerp (Brexafemme®)

## ▶ Pharmacokinetics

- ▶ T<sub>max</sub> 4-6 hours

- ▶ T<sub>1/2</sub> ~ 20 hours

- ▶ Metabolism

  - ▶ CYP3A4

- ▶ Excretion

  - ▶ 90% feces

# Ibrexafungerp (Brexafemme®)

## ▶ Contraindications

- ▶ Pregnancy (toxicities based on animal data)

## ▶ Warnings and precautions

- ▶ Verify pregnancy status
- ▶ Contraception for 4 days after last dose

# Ibrexafungerp (Brexafemme®)

## ▶ Drug interactions

- ▶ Strong CYP3A4 inhibitors (e.g. itraconazole, ketoconazole)
  - ▶ Dose adjustment required
- ▶ Moderate-strong CYP3A4 inducers (rifampin, phenytoin, St. John's wort, carbamazepine)
  - ▶ Avoid use due to significantly decreased ibrexafungerp levels
- ▶ Ibrexafungerp inhibits CYP3A4, P-gp & OATP1B3 transporter
  - ▶ Due to short treatment duration effects not clinically significant

## Adverse Reactions from Clinical Trials

Reaction	Ibrexafungerp N = 545	Placebo N = 275
Diarrhea	16.7%	3.3%
Nausea	11.9%	4%
Abdominal pain	11.4%	5.1%
Dizziness	3.3%	2.5%
Vomiting	2%	0.7%

## Phase 3 Clinical Trial Data

	Study 1		Study 2	
Outcome*	Ibrexafungerp N = 190	Placebo N = 100	Ibrexafungerp N = 189	Placebo N = 89
Clinical Response at TOC	50%	28%	63.5%	44.9%
Negative Culture at TOC	49.5%	19%	58.7%	29.2%
Clinical Response at follow-up <sup>†</sup>	59.5%	44%	72.5%	49.4%

TOC = test of cure (8-14 days)

<sup>†</sup>Day 21-29

Brexafemme PI 2021.

\*All outcomes met statistical significance



# Ibrexafungerp (Brexafemme®)

- ▶ Dosing and availability
  - ▶ 300 mg every 12 hours x 2 doses
  - ▶ 150 mg tablets
  - ▶ With or without food
- ▶ Cost
  - ▶ Anticipated in 2<sup>nd</sup> half of 2021

# Ibrexafungerp (Brexafemme<sup>®</sup>)

## ▶ Bottom line

- ▶ Novel antifungal agent
- ▶ No comparison data currently to fluconazole
- ▶ Likely limited use for vulvovaginal candidiasis
- ▶ Off-label potential for highly resistant fungal infections

## ▶ Additional review

- ▶ Ghannoum M, et al. *Antibiotics (Basel)*. 2020;9:539.

Aducanumab has demonstrated consistent improvement in:

- A. Memory
- B. Amyloid plaque reduction
- C. Brain edema
- D. Ability to live independently

# Aducanumab (Aduhelm™)

## ▶ Indication

- ▶ Alzheimer's disease; **mild** cognitive impairment/dementia
- ▶ Accelerated approval based on a reduction in amyloid plaques

## ▶ Pharmacology

- ▶ Human immunoglobulin gamma 1 monoclonal antibody
- ▶ Reduces amyloid beta plaques

# Aducanumab (Aduhelm™)

## ▶ Pharmacokinetics

- ▶  $T_{1/2}$  ~ 25 hours
- ▶ Elimination via catabolic pathways
- ▶ No data with hepatic or renal impairment; not expected to impact clearance

## ▶ Contraindications

- ▶ None

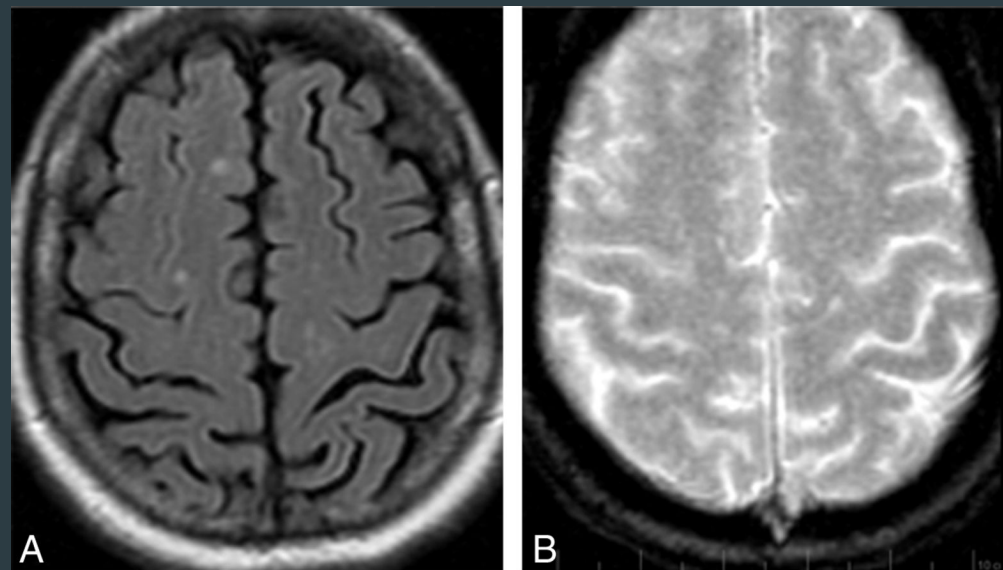
# Aducanumab (Aduhelm™)

## Warning/Precaution

- ▶ Amyloid Related Imaging Abnormalities-edema (ARIA-E)
  - ▶ 35% vs. 3% placebo
  - ▶ Incidence higher in apolipoprotein E  $\epsilon$ 4 carriers vs. noncarriers (42% vs. 20%)
  - ▶ More common within first 8 doses
- ▶ Amyloid Related Imaging Abnormalities-hemosiderin (ARIA-H)
  - ▶ 21% vs. 1% placebo
  - ▶ Microhemorrhage
  - ▶ Superficial siderosis

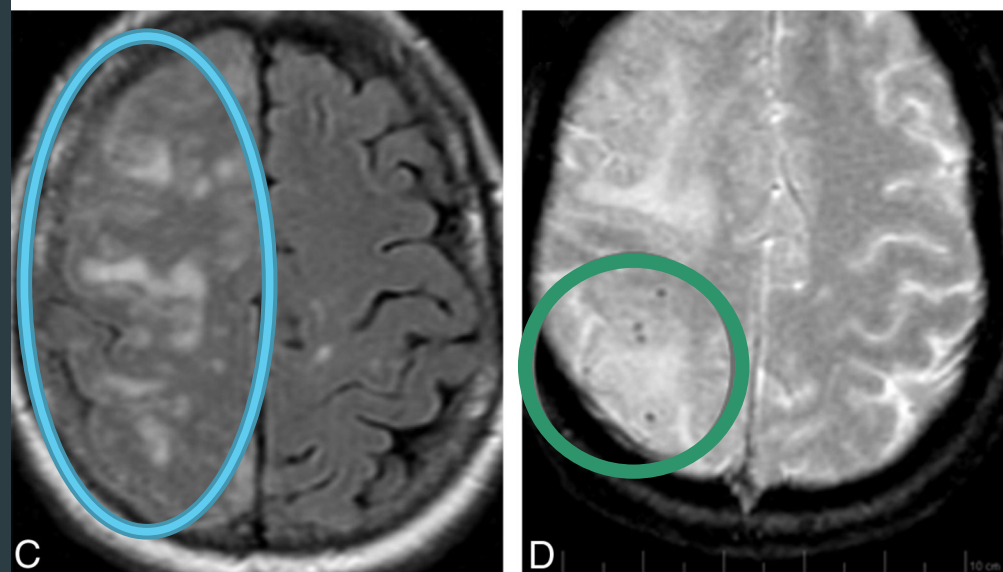
Symptoms resolved in 88% of cases during observation

BASELINE



BASELINE

ARIA-E



ARIA-H

## Adverse Reactions from Phase 3 Trials

	Aducanumab 10 mg/kg N = 1105	Placebo N = 1087
ARIA-E	35%	3%
Headache	21%	16%
ARIA-H microhemorrhage	19%	7%
ARIA-H superficial siderosis	15%	2%
Fall	15%	12%
Diarrhea	9%	7%
Altered mental status*	8%	4%

\*confusion, delirium, disorientation



# Aducanumab (Aduhelm™)

- ▶ Conflicting data from two identical major trials (EMERGE & ENGAGE)
- ▶ Both trials stopped early in March 2019; lack of benefit
  - ▶ Clinical Dementia Rating Scale-sum of the boxes (CDR-SB) declined in treatment & placebo groups
- ▶ Subsequent sub-analysis of EMERGE trial
  - ▶ 22% reduction in rate of cognitive decline based on CDR-SB in the high dose aducanumab group after 78 weeks (p = 0.012)
- ▶ No clinical benefit in ENGAGE trial
- ▶ Both trials showed reduction in brain  $\beta$ -amyloid levels
  - ▶ Debatable clinical significance

# Primary Efficacy Endpoint-Engage Study

CDR- SB at Week 78	High dose Aducanumab (N=547)	Placebo (N = 548)
Mean baseline	2.51	2.47
Change from baseline	1.35	1.74
Difference from placebo	-0.39 (-22%) P= 0.0120	--

# Clinical Application

- Clinical significance is not compelling for primary endpoint
- Placebo: 2.47 to 4.21 (+1.74)
- Aducanumab: 2.51 to 3.86 (+1.35)

CDR Sum of Boxes	Staging Category
0	Normal
0.5 - 4	Questionable cognitive impairment
0.5-2.5	Questionable impairment
3 - 4	Very mild dementia
4.5 - 9	Mild dementia
9.5 - 15.5	Moderate dementia
16 - 18	Severe dementia

# Aducanumab (Aduhelm™)

Aducanumab Dosing Schedule	
IV Infusion given every 4 weeks	Dose based on actual body weight
Infusion 1 & 2	1 mg/kg
Infusion 3 & 4	3 mg/kg
Infusion 5 & 6	6 mg/kg
Infusion 7 +	10 mg/kg

## ▶ MRI monitoring schedule

- ▶ Baseline and prior to 7<sup>th</sup> and 12<sup>th</sup> infusion
- ▶ If  $\geq 10$  new microhemorrhages or  $> 2$  focal areas of superficial siderosis then must see stabilization before treatment is continued

# Aducanumab (Aduhelm™)

## ▶ Dosage forms

- ▶ 170 mg/1.7ml single dose vial
- ▶ 300 mg/3 ml single dose vial

## ▶ Administration

- ▶ Added to 100 ml of normal saline and preferably use immediately
  - ▶ May be refrigerated for up to 3 days or stored at room temperature for up to 12 hours
  - ▶ Warm to room temperature before administration
- ▶ Use 0.2 or 0.22 micron in-line filter
- ▶ Infuse over 1 hour

# Cost-Effectiveness

- ▶ Preliminary reports by the Institute for Clinical and Economic Review determined aducanumab is cost-effective at \$3,000 to \$8,400 per year<sup>1</sup>
  - ▶ Annual WAC ~\$56,000 based on 67 kg patient
  - ▶ Annual WAC ~\$65,500 based on a 90 kg patient
- ▶ Medicare Coverage<sup>2</sup>
  - ▶ Using a conservative analysis by Altarum including only drug cost
    - ▶ 1.2% of all costs; adds 73 billion in expenditures by 2028

1. The Institute for Clinical and Economic Review <https://icer.org/news-insights/press-releases/in-revised-evidence-report-icer-confirms-judgment-that-evidence-is-insufficient-to-demonstrate-net-health-benefit-of-aducanumab-for-patients-with-alzheimers-disease/>

2. Miller, G., Turner, A., & Rhyan, C. (C. (2021, June 16). *New Alzheimer's Drug Projected to Increase National Health Expenditures by More Than One Percent*. Altarum. <https://altarum.org/news/new-alzheimer-s-drug-projected-increase-national-health-expenditures-more-one-percent#:~:text=New%20Alzheimer%27s%20Drug%20is%20Projected,Altarum.>

# Aducanumab (Aduhelm™)

## ▶ Bottom line

- ▶ Highly controversial approval
- ▶ Based on a biomarker vs. mixed clinical improvement
- ▶ On-going data collection will determine future use
  - ▶ Company projects it may take until 2030 to complete

## ▶ Additional Review

- ▶ Tolar M, et al. *Alzheimers Res Ther.* 2020;12:95.

Tirbanibulin is administered topically once daily for:

- A. 5 days
- B. 30 days
- C. 6 months
- D. Indefinitely



# Tirbanibulin (Klisyri®)

## ▶ Indication

- ▶ Topical treatment of actinic keratosis on face or scalp

## ▶ Pharmacology

- ▶ Microtubule inhibitor
- ▶ Exact mechanism unknown for actinic keratosis

# Tirbanibulin (Klisyri<sup>®</sup>)

- ▶ Pharmacokinetics
  - ▶ Systemic absorption is minimal
- ▶ Contraindications
  - ▶ None
- ▶ Warnings and precautions
  - ▶ Avoid eye contact (irritating)
  - ▶ Local skin reactions
- ▶ Drug interactions
  - ▶ No studies, none expected

## Local Skin Reactions from Phase 3 Trials

Reaction	Tirbanibulin N = 353			Placebo N = 349		
	Mild	Moderate	Severe	Mild	Moderate	Severe
Erythema	22%	63%	6%	28%	6%	0
Flaking/scaling	26%	47%	9%	25%	9%	< 1%
Crusting	30%	14%	2%	9%	2%	0
Swelling	29%	9%	< 1%	4%	< 1%	0
Vesicles/pustules	7%	< 1%	< 1%	< 1%	0	0
Erosion/Ulcers	9%	3%	0	3%	0	0

## Phase 3 Clinical Trial Data

	Study 1			Study 2		
Variable	Tirbanibulin N = 175	Placebo N = 176	Difference (95% CI)	Tirbanibulin N = 178	Placebo N = 173	Difference (95% CI)
100% clearance*	44%	5%	40 (32-47)	54%	13%	42 (33-51)
≥ 75% clearance	68%	16%	52 (43-60)	76%	20%	57 (48-65)

\*Primary outcome

# Tirbanibulin (Klisyri<sup>®</sup>)

## ▶ Dosing

- ▶ Apply once daily for 5 days
- ▶ Avoid areas near mouth and lips
- ▶ Avoid washing/touching area for 8 hours after treatment
- ▶ Wash hands after applying

## ▶ Availability and Cost

- ▶ Single dose packets with 250 mg of 1% ointment
- ▶ AWP = \$1,188 for 5-day course

# Tirbanibulin (Klisyri<sup>®</sup>)

## ▶ Bottom line

- ▶ Well-tolerated, effective agent for actinic keratosis
- ▶ No direct comparator trials to other agents
- ▶ Convenient once daily dosing x 5 days
- ▶ Expensive; patient assistance card available

## ▶ Additional Review

- ▶ Blauvelt A, et al. N Engl J Med 2021;384:512-20.

Reaching the target dose of semaglutide for weight loss takes at least:

- A. 1 week
- B. 4 weeks
- C. 16 weeks
- D. 32 weeks

# Semaglutide (Wegovy™)

## ▶ Indication

- ▶ Adjunct to diet and exercise for weight management
  - ▶ BMI  $\geq$  30 kg/m<sup>2</sup>
  - ▶ BMI  $\geq$  27 kg/m<sup>2</sup> with at least one weight-related condition (e.g. hypertension, T2DM, dyslipidemia)

## ▶ Pharmacology

- ▶ Glucagon-like peptide-1 agonist
- ▶ GLP-1 receptor involved in regulation of food intake



# Semaglutide (Wegovy™)

## ▶ Pharmacokinetics

- ▶ Max levels in 1-3 days post dose
- ▶ Similar absorption from abdomen, thigh or upper arm
- ▶ T  $\frac{1}{2}$  ~ 7 days
- ▶ Metabolism through protein breakdown

## Adverse Reactions

Reaction	Semaglutide N = 1261	Placebo N = 1261
Nausea	44%	16%
Diarrhea	30%	16%
Vomiting	24%	6%
Constipation	24%	11%
Abdominal pain	20%	10%
Headache	14%	10%
Hypoglycemia in T2DM	6%	2%

## Summary of Phase 3 Clinical Trials Change in Weight at week 68

	Study 1		Study 2		Study 3	
	Semaglutide N = 1306	Placebo N = 655	Semaglutide N = 404	Placebo N = 403	Semaglutide N = 407	Placebo N = 204
Baseline	105.4 kg	105.2 kg	99.9 kg	100.5 kg	106.9 kg	103.7 kg
% Change from baseline	-14.85	-2.41	-9.6	-3.4	-16	-5.7
% difference from placebo (95% CI)	-12.44 (-13.37, -11.51)		-6.2 (-7.3, -5.2)		-10.3 (-12, -8.6)	

# Weight loss vs. placebo

In-Trial Data at Week 68



# Semaglutide (Wegovy™)

Dose Escalation Schedule	
Weeks	Weekly Dose
1-4	0.25 mg
5-8	0.5 mg
9-12	1 mg
13-16	1.7 mg
17 +	2.4 mg

- ▶ If a dose is not tolerated may delay escalation for 4 weeks
- ▶ May use the 1.7 mg dose for additional 4 weeks
- ▶ If 2.4 mg dose is not tolerated then discontinue

# Semaglutide (Wegovy™)

- ▶ AWP ~ \$400 per week
- ▶ Storage
  - ▶ Refrigerator (do NOT freeze)
  - ▶ Room temperature up to 28 days
- ▶ Dosage forms
  - ▶ 0.25 mg, 0.5 mg, 1 mg, 1.7 mg, 2.4 mg auto-injector
  - ▶ Discard after use

# Semaglutide (Wegovy™)

## ▶ Bottom line

- ▶ Effective as an adjunct to diet & exercise for weight loss
- ▶ Patients lost 6-12% more weight vs. placebo at 1 year (~15-30 pounds)
- ▶ Slow titration due to GI side effects (e.g. nausea)
- ▶ May be used in patients without diabetes

## ▶ Additional review

- ▶ Christou GA, et al. *Obes Rev* 2019;20:805-815.

The most common side effect of setmelanotide is:

- A. Abdominal pain
- B. Hypertension
- C. Hyperpigmentation
- D. Hyperbilirubinemia



# Setmelanotide (Imcivree™)

## ▶ Indication

- ▶ Chronic weight management in patients  $\geq$  6 years old with obesity due to proopiomelanocortin (POMC), proprotein convertase subtilisin/kexin type 1 (PCSK1), or leptin receptor (LEPR) deficiency

## ▶ Pharmacology

- ▶ Melanocortin 4 (MCR4) receptor agonist
- ▶ MCR4 regulates hunger, satiety, and energy expenditure
- ▶ POMC, PCSK1 & Leptin receptor deficiency associated with reduced MCR4 activation
- ▶ Stimulation of MCR4 decreases hunger and increases energy expenditure
- ▶ 20x less activity at MCR1 vs. MCR4

# Setmelanotide (Imcivree™)

## ▶ Pharmacokinetics

- ▶ T<sub>max</sub> 8 hours
- ▶ T<sub>1/2</sub> ~ 11 hours
- ▶ Metabolized by catabolic pathways
- ▶ ~ 39% excreted unchanged in urine within 24 hours

# Setmelanotide (Imcivree™)

- ▶ **Contraindications**

- ▶ None

- ▶ **Warnings and precautions**

- ▶ Disturbance in sexual arousal

- ▶ Depression (26%) & suicidal ideation (11%)

- ▶ Skin hyperpigmentation

- ▶ **Drug interactions**

- ▶ None expected

## Adverse Reactions in Open-Label Studies

Reaction	Setmelanotide N = 27
Injection site reaction	26 (96%)
<b>Skin hyperpigmentation</b>	<b>21 (78%)</b>
<b>Nausea</b>	<b>15 (56%)</b>
Headache	11 (41%)
Diarrhea	10 (37%)
Abdominal pain	9 (33%)
Back pain	9 (33%)
Fatigue	8 (30%)
Vomiting	8 (30%)

## Clinical Effects on Body Weight

	POMC or PCSK1 deficiency (N = 10)	LEPR deficiency (N = 11)
$\geq 10\%$ Weight loss at 1 year*	8 (80%)	5 (45.5%)
95% CI (P-value)	44.4%, 97.5% (0.0001)	16.8%, 76.6% (0.0002)
Mean Baseline Weight	118.7 kg	133.3 kg
Mean % change in Body Weight at 1 year (range)	-23.1% (-35, -1.2)	-9.7% (-23.3, 0.1)

\*primary endpoint

Imcivree PI 2020.  
Clement K, et al. Lancet Diabetes Endocrinol 2020;8:960-70.

# Setmelanotide (Imcivree™)

## ▶ Dosing

- ▶ Once daily SubQ injection
- ▶  $\geq 12$  years old
  - ▶ Start at 2mg (0.2ml) x 2 weeks
  - ▶ Titrate up (3 mg) or down (1 mg) based on tolerability and weight loss
- ▶ 6-11 years old
  - ▶ Start at 1 mg (0.1 ml) x 2 weeks
  - ▶ Titrate up (2 mg) or down (0.5 mg) based on tolerability and weight loss

## ▶ Monitoring

- ▶ D/C if patient has not lost  $\geq 5\%$  of baseline weight or BMI at 12-16 weeks

# Setmelanotide (Imcivree™)

- ▶ Bottom line

- ▶ Unique mechanism for weight loss

- ▶ Currently only for specific genetic mutations causing obesity

- ▶ Hyperpigmentation

- ▶ Additional review

- ▶ Ayers KL, et al. J Clin Endocrinol Metab. 2018;103:2601-2612.

When adjusting the dose of finerenone, providers must evaluate:

- A. Heart rate
- B. Potassium levels
- C. Liver function tests (AST/ALT)
- D. Urine output



# Finerenone (Kerendia<sup>®</sup>)

## ▶ Indication

- ▶ Adult patients with chronic kidney disease associated with Type 2 diabetes mellitus
- ▶ Reduces risk of renal disease and cardiovascular death, non-fatal myocardial infarction and heart failure hospitalization

## ▶ Pharmacology

- ▶ Non-steroidal mineralocorticoid receptor antagonist
- ▶ Blocks sodium reabsorption and overaction of mineralocorticoid receptors in kidney, heart and blood vessels
  - ▶ Reduces fibrosis and inflammation

# Finerenone (Kerendia®)

## ▶ Pharmacokinetics

- ▶ T  $\frac{1}{2}$  2-3 hours
- ▶ Metabolized by CYP3A4 (~ 90%), CYP2C8 (~ 10%)
  - ▶ Inactive metabolites
  - ▶ Moderate hepatic impairment (Child Pugh B) = 38% increase in AUC
  - ▶ Not studied in severe hepatic impairment (Child Pugh C)
- ▶ Metabolites excreted via kidneys

# Finerenone (Kerendia<sup>®</sup>)

- ▶ **Contraindications**
  - ▶ Strong CYP3A4 inhibitors
  - ▶ Adrenal insufficiency
- ▶ **Warnings and precautions**
  - ▶ Hyperkalemia
    - ▶ Do not use if serum potassium is > 5 mEq/L

# Finerenone (Kerendia<sup>®</sup>)

## ▶ Drug interactions

- ▶ Avoid strong CYP3A4 inhibitors (> 400% AUC increase)
  - ▶ Itraconazole, Grapefruit juice
- ▶ Moderate-weak CYP3A4 inhibitors
  - ▶ May increase risk of adverse reactions
- ▶ Avoid strong CYP3A4 inducers (90% AUC decrease)
- ▶ Potassium supplements
  - ▶ Monitor levels more frequently

## Finerenone Adverse Reactions

	Finerenone N = 2827	Placebo N = 2831
Hyperkalemia	18.3%	9%
Hospitalization due to hyperkalemia	1.4%	0.3%
Hypotension	4.8%	3.4%
Hyponatremia	1.4%	0.7%

# FIDELIO-DKD Clinical Trial Results

	Finerenone N = 2833	Placebo N = 2841	HR (95% CI)
Primary composite outcome	17.8%	21.1%	0.82 (0.73-0.93)
Kidney failure*	7.3%	8.3%	0.087 (0.72-1.05)
Sustained eGFR declined of $\geq 40\%$ *	16.9%	20.3%	0.81 (0.72-0.92)
Renal death*	<0.1%	<0.1%	NR
Secondary CV composite outcome	13%	14.8%	0.86 (0.75-0.99)

\*Component of composite outcome

Kerendia PI 2021.  
Bakris GL, et al. N Engl J Med 383; 2219-29.

# Finerenone (Kerendia®)

## Starting Dose based on Renal Function

eGFR (ml/min/1.73m <sup>2</sup> )	Starting Dose
≥ 60	20 mg once daily
25-60	10 mg once daily
< 25	Not recommended

## Dose Titration Schedule based on Potassium Level

Potassium level checked every 4 weeks		Current Dose	
		10 mg daily	20 mg daily
Potassium Level (mEq/L)	≤ 4.8	20 mg daily	20 mg daily
	4.9-5.5	10 mg daily	20 mg daily
	> 5.5	Hold & may restart at 10 mg when K ≤ 5	Hold & restart at 10 mg when K ≤ 5

# Finerenone (Kerendia<sup>®</sup>)

## ▶ Bottom line

- ▶ Non-steroidal mineralocorticoid receptor antagonist
- ▶ Slows renal decline in T2DM patients
- ▶ Trial data for CV outcomes—published August 2021
- ▶ Monitor potassium

## ▶ Additional Review

- ▶ Rico-Mesa, et al. *Curr Cardiol Rep.* 2020;22:140.



# Brincidofovir (Tembexa®)

## ▶ Indication

- ▶ Smallpox
- ▶ Concerns of potential bioterrorism

## ▶ Pharmacology

- ▶ Prodrug converted to cidofovir intracellularly
- ▶ Inhibits orthopoxvirus DNA polymerase thus blocking viral DNA synthesis

# Brincidofovir (Tembexa®)

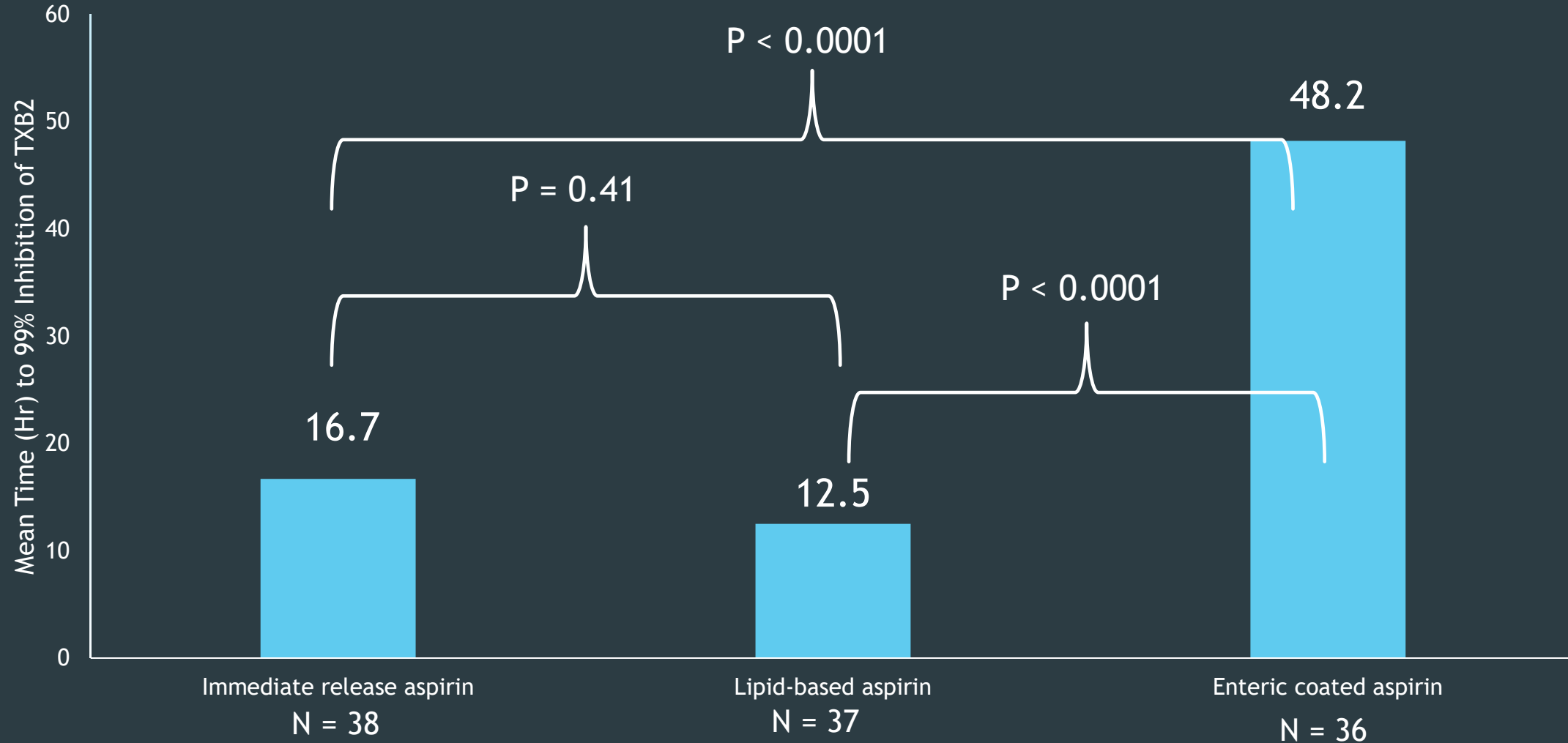
- ▶ Clinical efficacy
  - ▶ Based on mouse and rabbit data
  - ▶ 80-90% survival if started on day 4 after inoculation
  - ▶ 34-69% survival if started on day 6 after inoculation
- ▶ Bottom line
  - ▶ We have a treatment for smallpox
  - ▶ Hope we NEVER need it!

# Aspirin (Vazalore™)

- ▶ New liquid-filled aspirin 81 mg and 325 mg capsule
- ▶ Lipid-based formulation
- ▶ Designed for fast-onset and improved gastrointestinal tolerability

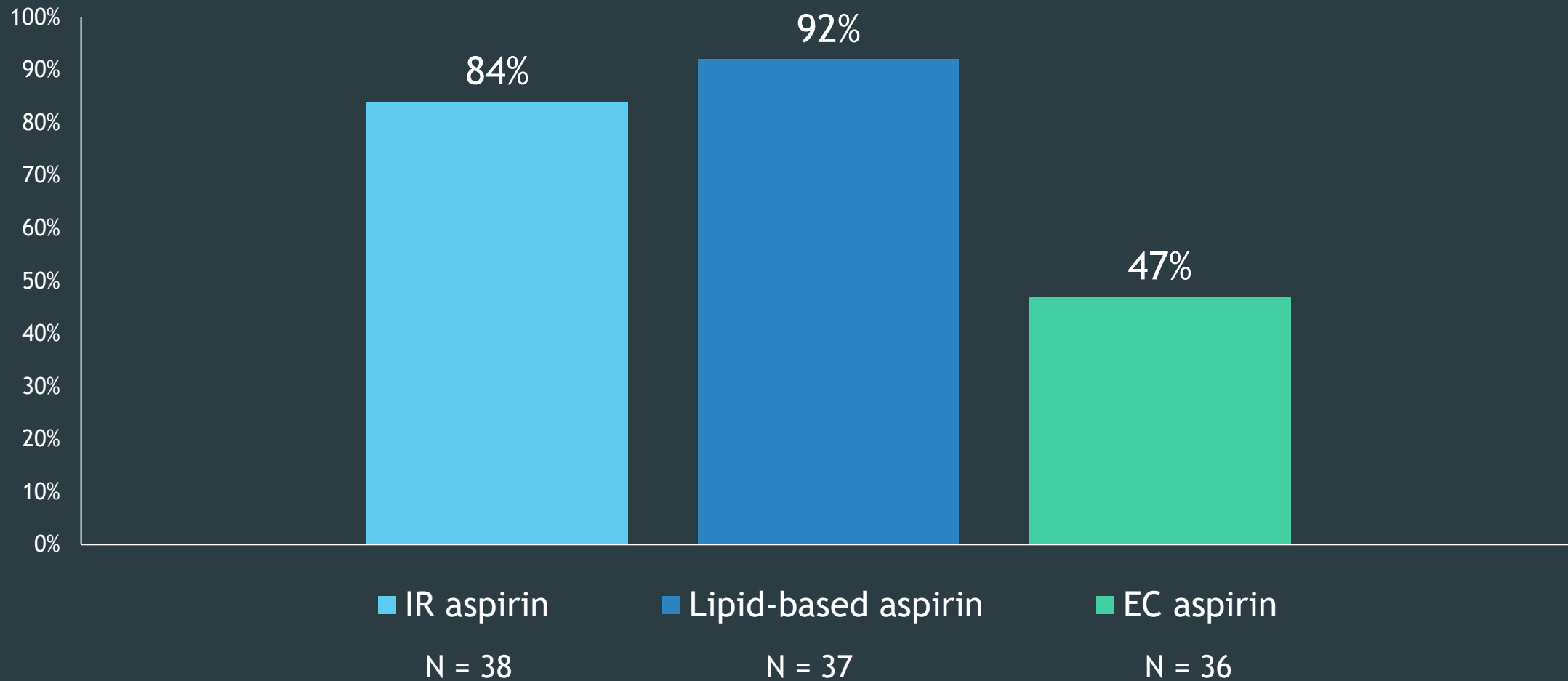
# Onset of Antiplatelet Effect in Type 2 DM

## Onset of Antiplatelet Effect

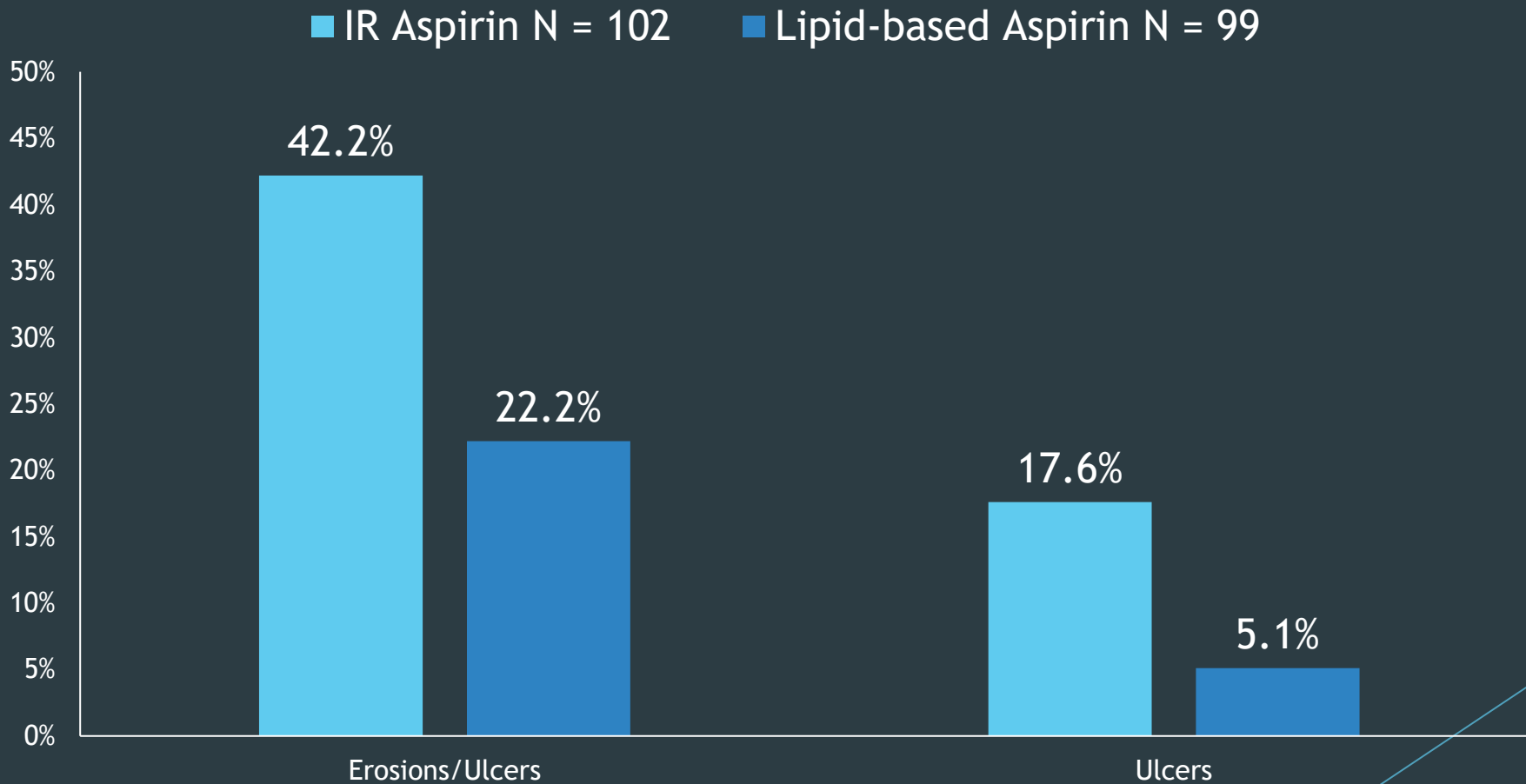


# Platelet Inhibition at 72 hours

Patients with Inhibition of TXB<sub>2</sub> by 72 hours



# Gastroduodenal Injury



# Aspirin (Vazalore™)

## ▶ Bottom line

- ▶ Quick onset of platelet inhibition
- ▶ GI side effects favorable based on small trial
- ▶ No clinical data based on cardiovascular outcomes
- ▶ Cost????

## ▶ Additional review

- ▶ Bhatt DL, et al. J Am Coll Cardiol 2017;69:603-12.
- ▶ Cryer B, et al. Am J Gastroenterol 2011;106:272-7.

# Sodium sulfate, magnesium sulfate & potassium chloride (Sutab<sup>®</sup>)

## ▶ Indication

- ▶ Colonoscopy preparation

## ▶ Pharmacology

- ▶ Osmotic laxative
- ▶ Similar to Suprep<sup>®</sup> (contains potassium sulfate)



# Sodium sulfate, magnesium sulfate & potassium chloride (Sutab<sup>®</sup>)

- ▶ Dose 1 (evening prior to colonoscopy)
  - ▶ 12 tablets with 16 oz of water over 15-20 min
  - ▶ 1 hour later drink 16 oz of water over 30 minutes
  - ▶ 30 minutes later drink 16 oz of water over 30 minutes
- ▶ Dose 2 (morning of colonoscopy)
  - ▶ Repeat above regimen
- ▶ Complete dose 2 at least 2 hours before colonoscopy
- ▶ Total volume = ~ 2840 ml
- ▶ Cost ~ \$150 for 24 tablets

Outcome	Sutab <sup>®</sup> N = 281	PEG 3350 ELS N = 271
Clinical Success	92%*	89%
≥ 1 GI adverse effect	71%	34%
Nausea	52%	18%
Abdominal distention	34%	15%
Vomiting	16%	2%
Upper abdominal pain	23%	13%

\*Non-inferior

# Dabigatran

- ▶ New **pediatric** indication
  - ▶ Treatment of VTE in ages 3 months to 18 years old who were treated with a parenteral agent for at least 5 days
    - ▶ Capsule formulation approved in ages 8 and older
    - ▶ New oral pellet formulation for ages 3 months to 12 years
- ▶ Similar efficacy compared to warfarin, enoxaparin or fondaparinux

## Dabigatran Pediatric Capsule Dosing Ages 8-17 Years

Weight	Dose
11 to ≤ 26 kg	75 mg BID
16 to ≤ 26 kg	110 mg BID
26 to ≤ 41 kg	150 mg BID
41 to ≤ 61 kg	185 mg BID
61 kg to ≤ 81 kg	220 mg BID
≥ 81 kg	260 mg BID

# Dabigatran

- ▶ Pellet formulation for ages 3 months to 12 years old
  - ▶ 20, 30, 40, 50, 110, 150 mg packets
- ▶ Dose based on age and weight
  - ▶ See labeling
  - ▶ Max dose of 260mg BID for ages 2-12 years  $\geq$  41 kg
- ▶ Administration
  - ▶ Mix with soft foods (e.g. applesauce)
  - ▶ May add to 1-2 ounces of apple juice

Questions?